

SPORTS DOCTORS
STRENGTH TESTING OF THE CORE MUSCLES IN ATHLETES

DIGITAL FORCE-MEASURING DEVICES (EXTERNAL SENSOR) | KERN FS

The core muscle strength test in weight training consists of three individual dynamic strength exercises that are performed using your own body weight and that test the front, side and back muscle chains of the core. A measuring device is used here that measures the amount of force exerted. This is a very simple and efficient method of determining the level of fitness of the athlete and of preventing any injuries.



Model	Max. Force	Readability	Price
FS 2			€ 950.-



<https://partner.kern-sohn.com/Segment/B0FA9>

* DAkkS calibrations are also possible on site
All prices are net, valid until 20.01.2026 plus shipping cost

Personal consultation from our product specialist:



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